

## Mental Wellness Starts With Friendship

### Compeer Eligibility Criteria

#### Part A (Circle one)

1. The applicant's prime diagnosis is an identified mental health disorder. **Required. YES / NO**
2. The mental health professional making the referral agrees to support the friendship by talking to the applicant, volunteer and Compeer staff, prior to and, if necessary, during the friendship to. **YES / NO**
3. The applicant is in the recovery stage and is not actively suicidal. **YES / NO**
4. The applicant is in the recovery stage and is not physically or verbally aggressive. **YES / NO**
5. The applicant is in the recovery stage and does not have thoughts to harm self or others. **YES / NO**
6. The applicant lacks friends, has limited social support and has difficulty initiating connections. **YES / NO**
7. The applicant is asking for more social contact and is willing to participate in the Compeer program. **YES / NO**
8. The applicant understands and respects the limits of the Compeer relationship as a two-way friendship-as outlined in the Consumers Rights and Responsibilities. **YES / NO**
9. The applicant is 23 years old or older. **YES / NO**

#### Part B (Circle one)

1. The applicant has a mild intellectual disability and a mental health disorder. **YES / NO**
2. Is the applicant able to leave home unassisted by the volunteer? **YES / NO**
3. Is the applicant able to independently get in and out of a vehicle? **YES / NO**

*If you answered "yes" to all of the criteria in PART A, please proceed with the referral.*

*If you answered "no" to one or more of the criteria in PART A, please contact the Compeer Program Director at 319-383-6264 to discuss the situation.*